

## FRCR Part 1 Physics Exam Paper 3

### 1) Direct emission from radioactive decay includes:

- A. Beta minus emission. *T neutron XS*
- B. Characteristic X-rays. *T internal conversion or K-shell capture*
- C. Bremsstrahlung. *- F.*
- D. Alpha particles. *- T*
- E. Positron emission. *- T neutron deficit*

### 2. Regarding scattered radiation:

- A. More is measured on the tube side of the patient in diagnostic radiology. *T most occur at ES. + front ones are absorbed*
- B. A Compton scattered photon is deflected from its path with no loss of energy. *F - this is elastic*
- C. There is no ionisation with elastic scattering. *T*
- D. During a Compton interaction a photoelectron is produced. *F -  $\bar{c} PE$*
- E. At higher kV more photons are deflected through large angles. *F*

### 3. Regarding luminescence:

- A. It is the process by which a material absorbs energy from an external source and re-emits it as light. *T*
- B. Fluorescence is the delayed emission of light following energy input. *F - phosphorescence is.*
- C. For light to be emitted from a phosphor, electrons in the electron traps must fall to the conduction band. *F - to valence band.*
- D. After irradiation, a thermoluminescent phosphor must be stimulated with a laser for light to be emitted. *F. Heat PSL requires light*
- E. Intensity of light emitted from a phosphor is proportional to the intensity of the irradiating x-ray beam. *T*

### 4. Effective dose:

- A. Is derived from absorbed dose multiplied by a tissue weighting factor. *F -  $\sum w_T D_T$*
- B. Is measured in Gray. *F Sv*
- C. Takes in to consideration the different radiosensitivity of tissues *T*
- D. Combines organ doses to give a whole body dose. *T*
- E. In a dental radiograph is in the order of 0.001mSv. *T*

### 5. The units for the following terms are true:

- A. Entrance surface dose (ESD) - Sv *F (Gy)*
- B. Equivalent dose - Gy *F (Sv)*
- C. Dose area product (DAP) - Gy cm *F Gy cm<sup>2</sup>*
- D. Absorbed dose - Joules/kg *- T*
- E. Effective dose - Gy *F (Sv)*

6. Regarding the effects of ionizing radiation:

1:20,000 } or 5% mSv

- A. The risk of fatal cancer from a uniform whole body dose irradiation is 1 in 200,000 per mSv F
- B. The risk of developing fatal childhood cancer from irradiation in utero is 1 in 50,000 per mGy. F - 1:33,000 per mGy 3?
- C. The cornea is more radiosensitive than the lens of the eye. F
- D. Radiation dose to the hands of staff arises from the use of radionuclides as well as from x-rays. T
- E. Deterministic effects are hereditary. F

7. The following annual dose limits apply:

- A. The equivalent dose to the skin of a member of the public is 50mSv. T ( $\frac{1}{10}$ )
- B. The fetus of a pregnant employee should not receive more than 0.1mSv. F - 1 mSv fetus = member of public.
- C. The equivalent dose to the lens of a member of the public is 15mSv. T
- D. The equivalent dose to the extremities of a member of the public is 150mSv. F
- E. The effective dose to an employee is 10mSv. F 20mSv.

8. Concerning IRR 99

- A. The dose limits depends on the weighting factor of the radiation type to which the person is exposed. F -
- B. The annual dose limits for comforters and carers is 3mSv. F Ill dose constant
- C. The RPA must be present in the X-ray department during working hours. - F
- D. The aim is to ensure that the radiation dose to employees and public is as low as is reasonably achievable. F. ALARP (A).
- E. The regulations do not apply to radiation therapy. F.

9. Concerning radiation protection of staff and patients:

- A. 2.5mm of lead equivalent filter should be used for routine radiological procedures. F. 2.5mm Al.
- B. Lead screen panels used in x-ray rooms to protect staff are usually 5mm thick. F. 2mm
- C. In fluoroscopy, the scattered radiation to staff from an overcouch tube is less than an undercouch one. F. discuss
- D. Thyroid collars used in radiology have a 0.5mm lead equivalence. T
- E. For chest radiography, the film to focus distance should not be less than 30cm. F  
60cm.

10. A focused grid:

- A. May cause radiation cut-off at large field sizes F
- B. Should be used within a defined range of focus to film distance. T
- C. Requires an increase in patient dose to achieve the same film density as an exposure without the grid. T
- D. Reduces geometric distortion of the image. F
- E. Improves contrast by reducing the amount of scattered radiation reaching the film. T



**11. In tomography:**

- A. The contrast is dependent on the slice thickness. **T**
- B. Only structures at right angles to the film appear sharp. **F**
- C. Tomography is most useful when imaging structures with low inherent contrast. **F**  $\bar{c} \uparrow$  Inher. Con.
- D. Image unsharpness is unaffected by the use of tomography. **F**
- E. Patient dose is higher than in conventional radiography. **T**

**12. in the rotating anode x-ray tube:**

- A. The anode stem is made of tungsten. **F**
- B. The effective focal spot size depends on the angle of the anode. **T**
- C. Heat is removed from the anode mainly by thermal conduction. **F**
- D. Heat is removed more efficiently when a low current is used. **F**
- E. The anode heel effect occurs in a direction parallel to the anode-cathode axis. **T**

**13. Extrafocal radiation:**

- A. In a metal tube can be limited by grounding the metal tube envelope. **T**
- B. Can be completely removed from the beam by appropriate filtration. **F** still energetic enough.
- C. Is more prominent at low tube currents. **F**
- D. has no effect on image quality. **F**
- E. Is caused by secondary electrons from the target striking the anode outside the target area. **T** Some is created this.

**14. Regarding the production of an x-ray image:**

- A. Low kV techniques increase the amount of forward scatter. **F**  $\Delta \rightarrow$  kV  $\uparrow$  scatter  $\uparrow$  and  $\uparrow$  that is forward  $\uparrow$
- B. In radiography of the hand, use of a grid is highly recommended. **F**
- C. In macro-radiography an air gap is used primarily to decrease the amount of scatter. **F**
- D. Geometric unsharpness depends on the tube target angle. **T** ( $\uparrow \angle \uparrow$  off F.S.  $\uparrow$   $\uparrow$   $\uparrow$ )
- E. The resolution limit of a system is equal to the spatial frequency that corresponds to an MTF of 1. **F**  

$$\left( \frac{\text{Ink in I}}{\text{Ink in Ob}} \right) \frac{1}{1} = \frac{1}{5} = \frac{10}{50} = 0.2$$

**15. in a mammographic x-ray set with a molybdenum target:**

- A. The x-ray spectrum is generally dominated by characteristic radiation. **T**
- B. The typical tube potential for mammographic exposures is about 35kV. **F** too high
- C. The anode does not rotate. **F**
- D. The radiation detector for the automatic exposure control is between the grid and the cassette. **F** - Input or both
- E. The filter may also be molybdenum. **T** Mo Mo / W Rh · Mo Rh.

16. Regarding digital radiography:

- A. The charged coupled device converts photons into an electronic signal. T
- B. The input phosphor is coupled to the charge coupled device by fibre optics. T
- C. Both flat panel array detectors and charged coupled devices have dead areas. T
- D. Resolution on a flat panel array is limited to the width of the detector elements. T
- E. Image windowing can only be altered after the image has been taken. T

17. Modification of the image greyscale using a look-up-table (LUT) might be done for the following reasons:

- A. To increase the visibility of small isolated structures. # F
- B. To improve the sharpness of edges. F
- C. To improve presentation of fine texture patterns. F
- D. To increase image contrast to improve the visibility of a subtle lesion. T
- E. To improve the presentation of the overall greyscale range. T

18. The electron beam in an image intensifier:

- A. Is accelerated from input to output screen. T
- B. Is focused on to the output screen by magnets. F
- C. Can be distorted by external magnetic fields. T
- D. Contributes to brightness gain only through minification of the image. F *amplification flux gain through use in evs.*
- E. Is refocused when a magnified field of view is selected. T

19. Brightness gain in an image intensifier:

- A. Is the ratio of input phosphor brightness to output phosphor brightness. F - *output to input*
- B. Is only through minification of the image. F
- C. Is overall approximately 50 fold. F *5000.*
- D. Increases with increased voltage across the intensifier. T
- E. Increases if the output phosphor size is increased. F *minification gain ↓*

20. Regarding fluoroscopy:

- A. Pulsed mode fluoroscopy offers much better spatio-temporal resolution than continuous mode fluoroscopy. T = *com. vessels / uterus*
- B. In the UK, the maximum entrance dose rate limit for a standard patient is 100mGy per minute. True but *50mGy min. is advised.*
- C. Automatic Brightness control (ABC) is the same as Automatic Exposure Control (AEC). F.
- D. The purpose of ABC is to maintain stable viewing conditions independent of patient size, body sections and projection angle. T
- E. The operator should not manually adjust collimation as this is done automatically. F *manually is good practice.*

3rd in white/white.

**21. Regarding modern CT scanners:**

- A. They can use thousands of detector elements. T
- B. Scattered radiation is controlled by detector collimation. T
- C. The efficiency of sodium iodide crystals is about 50%. F 100%
- D. The effective dose to the patient is measured for every CT scan. F
- E. Ring artefacts are caused by the miscalibration of detectors in third-generation scanners.

T - Size of radius of ring determines the position in the detector array.

**22. Regarding partial volume effect:**

- A. A thin high-contrast structure that crosses the transaxial plane at an oblique angle might disappear completely. F - will appear larger e.g. capillary vessel.
- B. It is increased when the slices get thinner. - F reduced
- C. It reduces the visibility of low contrast detail. - T
- D. A high contrast object that is smaller than a voxel will appear larger on an image. T
- E. It is due to the averaging of CT numbers in each voxel. T

**23. The following are effective dose reduction methods in cardiac CT:**

- A. Tube current modulation. T mA on the pulse over aortic shadow
- B. Reducing pitch. F
- C. Decreasing tube current during phases of cardiac cycle. T ↑ 50%
- D. Matching the pitch to the patient's heart rate. T
- E. Increasing the scanning time. F.

**24. Regarding a Technetium generator:**

- A. The generator is shielded with lead or depleted uranium. T
- B. The parent  $^{99}\text{Tc}$  is absorbed within the exchange column of aluminium beads. F -  $^{99}\text{Mo}$  is
- C. In transient equilibrium, the daughter and the parent appear to decay together with the half life of the parent. T
- D. Technetium is eluted with sterile water. F sterile saline
- E. The lead shielding and the metal container are reusable. T

**25. In single-photon emission computed tomography (SPECT):**

- A. It consists of a gamma camera with a collimator rotating around a patient on a couch. T
- B. The camera rotates continuously to acquire images. T
- C. It requires fewer counts than conventional static imaging. T
- D. The same number of counts can be acquired in half the time by using a double headed camera. T
- E. Sensitivity decreases when a double or triple-headed camera is used. F it will ↑

26. Concerning ultrasound:

- A. Ultrasound is converted to thermal energy as it propagates through tissue. T
- B. Fluid absorbs ultrasound to a greater degree than soft tissue. F fluid att ↓ ST
- C. Increased beam frequency decreases tissue absorption. F
- D. High frequency ultrasound is less penetrative than low frequency ultrasound. T ( $f \uparrow - \text{penetration} \downarrow$ )
- E. For a given beam frequency, lung attenuates more than blood. T

27. Ultrasound transducer:

- A. Ultrasound is generated and detected by thin piezoelectric discs, commonly made of lead zirconate titanate (PZT). T
- B. The transducer thickness is chosen to guarantee resonance at the required frequency. T
- C. A backing layer is included to ensure rapid damping of the transducer vibration. T
- D. An impedance matching layer is incorporated to achieve maximum energy transfer in and out of the patient. T
- E. The impedance matching layer results in a longer pulse and therefore has an adverse effect on pulse damping. F.

28. Concerning the Doppler effect:

- A. It produces a change in the velocity of sound reflected off a moving object. F — the frequency changes
- B. A US beam parallel to the direction of movement gives the largest change in frequency. T
- C. It produces a change in frequency which is inversely proportional to the velocity of sound in the medium. T
- D. It causes an increase in frequency when the object is moving towards the transducer. T
- E. It requires a higher frequency than would be used in imaging. F.

29. Regarding T1-weighted images:

- A. Fat appears as a high signal. T
- B. Slow flowing blood appears as a low signal. F — high signal.
- C. Water appears as a low signal. T
- D. Typical time to echo (TE) is 70ms. F 10-30ms.
- E. Typical TR is 300-600ms. T.

30. Regarding chemical shift artefacts:

- A. It occurs in the frequency encoding direction. T
- B. It can be remedied by using a stronger magnetic field. F — makes it worse
- C. It is decreased by decreasing receiving bandwidth. F
- D. It manifests as signal enhancement between areas of fat and water. F. ~~between~~ areas of fat and water
- E. It can be combated by using short tau inversion recovery (STIR) sequences. T  
removes fat signal.

31. Regarding MRI:

- A. Shim coils are used to minimise magnetic field inhomogeneities. T
- B. For imaging purposes, homogeneity in the order of 30 parts per million is required. F 10ppm
- C. For spectroscopy, more homogenous an environment is required than for standard imaging. T 1ppm.
- D. Small stray fields are present in resistive magnets compared with superconductive electromagnets. F Significant for both
- E. Insignificant stray fields are present in superconductive electromagnets. F

32. When tube potential increases:

- A. There is an increase in the relative proportion of photoelectric interactions. F
- B. There is an increase in the total number of Compton interactions. T
- C. The patient exit dose increases approximately to the fourth power of the kVp. F - more events ↑
- D. The dose area product remains roughly constant. F - it is related to beam intensity  $\propto kVp^2$
- E. The patient dose increases. T

33. Practical applications relying on the photoelectric effect alone include:

- A. The anode heel effect. F
- B. Photographic exposure. T
- C. Dose area product meters. F both PE + comp E. → Impairment of contrast
- D. Rare earth filters. T K edge. energies slightly above the K edge.
- E. TLDs. F Valence electrons raised by Compton interactions

34. The effective focal spot size for a rotating anode:

- A. Depends on anode angle. T smaller  $\angle =$  smaller effective focal spot (EFS).
- B. Depends on filament size. T
- C. Depends on anode diameter. F
- D. Depends on speed of anode rotation. F
- E. Is smaller than the actual focal spot size. T

35. Regarding radionuclide safety in nuclear medicine investigations:

- A. Generally as the activity is low, no special precautions need to be taken administering radionuclides to women of reproductive age. F. ~~not controlled~~; pregnancy 2 grad. ~~not~~
- B. A high activity patient should be treated on a general ward as an inpatient. F.
- C. A high activity patient needing emergency surgery must be refused an operation as the surgeon would be at increased risk of radiation exposure. F
- D. Solid waste from high activity patients should be disposed of by incineration at the hospital. F
- E. All radionuclides must be administered in a controlled area. F may not be needed.

36. The Geiger-Muller tube:

- A. Measures absorbed dose directly. *F. Ionizing events - not energy being measured*
- B. Is not used in dose rate monitoring. *F. can be calibrated - cheaper*
- C. Contains a central thin wire cathode. *F. Central wire is the anode*
- D. Requires a quenching agent. *T. alcohol or bromine added to counting gas Ar/He*
- E. Has a dead time of approximately 300 seconds. *F. 300 ~~ms~~  $\mu$ S. Why to recover.*

37. Regarding overexposure of patients:

- A. Exposure much greater than intended resulting from equipment faults must be reported directly to the HSE. *T  $\rightarrow$  MDA*
- B. An incident in which a patient receives 3 times the intended dose for a chest x-ray must be reported. *F. Factor of 20*
- C. An incident in which a patient receives 5 times the intended dose for a CT abdomen should be reported. *T. 3x for a high dose*
- D. An incident in which a patient receives 10 times the intended dose for a mammogram must be reported. *T - this is a medium dose organ.*
- E. An incident in which a patient receives 1.5 times the intended dose for a treatment fraction in radiotherapy should be reported. *T - 20% of a single fraction.*

38. In macro radiography:

- A. The tube effective focal spot should be less than one centimetre. *T*
- B. The film-patient distance should be as small as possible. *F*
- C. The mA should be relatively small. *F*
- D. The resolution of the final image is generally limited by grain size. *F*
- E. Magnification reduces the MTF of the screen. *F. MTF is improved more dependent on the actual object*

39. Regarding ionizing radiation:

- A. Neutrons are low LET radiation. *F - high LET*
- B. The radiation weighting factor (RWF) for alpha particles is 20. *T*
- C. X-rays and beta particles have the same RWF. *T = 1*
- D. The RWF for neutrons is unity. *F. 5-20*
- E. For x-rays absorbed dose is equal to equivalent dose. *T*

40. The following tissues have a high carcinogenic risk from radiation (more than or equal to 0.12 tissue-specific weighting factor):

- A. Skin. *F  $\rightarrow$  low 0.01*
- B. Gonads. *F  $\rightarrow$  0.2*
- C. Lung. *T - 0.12*
- D. Breast. *T - 0.12*
- E. Bone. *F - 0.01.*